



Medical Declaration, Disclaimer & Risk Acknowledgement Form

All participants must complete and return this form to Hike South East prior to starting the event. Please bring with you on the walk any personal medication such as that required for the treatment of any allergies, asthma, diabetes, etc., however, please note that Hike South East cannot administer medication to customers. Please detail any medication you will have with you on the hike:-

Please detail any condition that might affect your ability to participate fully and safely in this Hike South East event, including (*but not restricted to*): COVID-19; heart conditions; high blood pressure; epilepsy; previous injuries to knees, hips, other joints; pregnancy, and allergies.

We require each person intending to participate in one of our events to sign this form indemnifying us against claims, assuring us that you are in good health to participate, & acknowledging risks.

- I do not have any condition that would affect my ability to participate fully and safely in this Hike South East event.
- In consideration of Hike South East allowing me to take part in the event, I hereby agree, acknowledge and understand that Hike South East takes no responsibility and has no responsibility or liability whatsoever for any death, personal injuries, accidents or loss or damage to property or belongings that occur to me before, during or after one of its events (*save for death or personal injury caused as a result of Hike South East's negligence*).
- I further agree that Hike South East is not liable for any consequential or indirect loss resulting from the cancellation at any time of the event or from any alteration to the event from that specified in the published itinerary.
- I acknowledge that hiking has a danger of personal injury. I am aware of and accept the risks.
- I have read and agree to the Terms & Conditions as provided by Hike South East.

Name (BLOCK CAPITALS)

Date

Signature

Emergency Contact Name & Number
